## **UNV101**

## The University Experience

- Learn the skills necessary to be a successful college student
  - Study skills, time management, goal setting, critical thinking and more
- Learn to navigate the campus and make important connections
- Learn the do's and don'ts of college ethics
- Increase information literacy and critical library skills
- Learn health and wellness strategies
- Some sections taught by professors in your intended major
- One credit hour meets one day a week

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